

# Arbidol

## information for the user

### Release Form

Arbidol produced a dose of 50 mg in a capsule shell with yellow, and at a dosage of 100 mg with a yellow lid. Inside the shell is a mixture of white granules and powder, sometimes with light green, yellow or pale cream color. The package of 10, 20 and 40 capsules.

### Composition

Active drug substance:

- umifenovir - 50, 100 mg.

In addition it includes excipients that provide stable dosage forms.

### Indications

Arbidol is used:

- in the treatment of rotavirus in the defeat of the intestine (enteritis virus);
- acute respiratory infections of the upper and lower respiratory tract, accompanied by pneumonia, exacerbation of chronic bronchitis;
- influenza A and B;
- for the prevention and treatment of secondary immunodeficiencies;
- to reduce the frequency of relapses of chronic bronchitis, pneumonia, and herpes;
- for the prevention of postoperative infectious complications and restore the immune status.

### Contraindications

The drug is contraindicated:

- with hypersensitivity to the active substances or auxiliaries that are part of the drug;
- children under 3 years.

Application of pregnancy and lactation can be administered only by a physician, as the studies were not conducted, and reliable information about the safety of the drug is not.

### Dosage and Administration

Take the drug orally before a meal without chewing and drinking plenty of water.

A single dose (RD) for each age shall be appointed individually:

- use in children under 3 years is contraindicated;
- for younger children from 3 to 6 years of RD preparation is a dosage of 1 capsule 50 mg;

- school-age children from 6 years to 12 in the form of RD prescribe the use of 1 capsule of 100 mg or 2 capsules of 50 mg.
- for children aged 12 years and for adults, RD is 200 mg, which is 1 capsule Arbidol  
The maximum dosage of 2 capsules of 100 mg or 4 in a dosage of 50 mg per once.

Age	A single dose
Up to 3 years	contraindicated
From 3 to 6 years	50 mg
From 6 to 12 years	100 mg
From 12 years	200 mg

Arbidol appoint:

- for the prevention of the disease is already in contact with the ill person is recommended to take 1 RD per day for at least two weeks;
- in autumn-winter period, characterized by frequent outbreaks of acute respiratory diseases should be applied on 1 RD every 3-4 days in a row 3 weeks;
- for the prevention of complications during the rehabilitation period after surgery appoint 1 RD 48 hours prior to surgery, then the second and the fifth day after it.

For the treatment of:

- viral diseases and as part of an integrated treatment of rotavirus enteritis 1 RD 4 times a day. Course duration is 5 days;
- viral diseases with complications in the form of acute bronchitis or pneumonia symptoms of 1 RD 4 times a day for 5 days. After this medicine is used 1 time per week for 1 month;
- in severe acute respiratory syndrome (SARS) caused koronavirusami, with 12 years should take 200 mg twice a day. The duration of treatment for at least 8-10 days;
- in the treatment of recurrent chronic diseases in combination with other drugs Arbidol used every 6 hours 1 RD for 7 days, then reduce intake to 2 times a week for 1 month.

### **Side effects**

Of the side effects only allergic reactions to constituents of the preparation can be observed, as the drug is very well tolerated and no adverse effects on the body.

### **Special instructions**

Arbidol is very well tolerated, does not affect the central nervous system. It can be used to treat and prevent disease in individuals with a profession associated with increased attention.

### **Terms and conditions of storage**

Shelf life is 3 years. After the expiration of this period, the use of the drug is prohibited. Store the tablets should be out of the reach of children, at a temperature range not exceeding 25 degrees.

### **Analogs Arbidola**

A variety of drug Arbidol is maximum in capsules of 200 mg, which is much more convenient for receiving children from 12 years and adults. Indications are the same.

The drugs with the same active ingredient:

- Arpetolid - tablets with a film coating. Dosage 50, 100 mg. Manufacturer tablets: Lekpharm, the Republic of Belarus;
- Arpeflyu have the same dosage form, the composition and dosage. The manufacturer also Lekpharm, the Republic of Belarus;
- ORVitol NP is also available in capsule form with the appropriate dosages. Manufacturer of the preparation: H. Ten Herkel, Netherlands.